

# Football Academy Systemic Training



Our club offers a supportive and fun environment where young athletes can develop their skills, build confidence, and foster a love for the game. With educated coaches, renovated facilities, and a focus on teamwork and sportsmanship, we aim to help every player reach their full potential both on and off the field



BOYAA

### **Soccer Paths**

Starting on 2024/25 season, our club Olympiacos Voulas, is offering three soccer paths which are created to over the needs of an athlete in an amateur soccer club.

### Junior

Designed for our youngest athletes, the Junior Path offers children aged **4** - **8** the opportunity to develop their soccer skills in a fun and supportive environment. With access to weekly training sessions and friendly matches, our junior members build foundational skills and a love for the game.

# Youth

Offered for players aged **9 - 14**, the Youth Path focuses on enhancing technical abilities and tactical understanding. Members benefit from professional coaching, competitive regional league participation, and personalized development plans to help them reach their full potential.

# Intensive\*

The Intensive path is tailored for dedicated players who aspire to compete at higher soccer levels. This program includes intensive training sessions, advanced tactical coaching, video analysis, fitness and conditioning support, and opportunities to showcase their talent in elite tournaments.

#### \*upon invitation



**BOYNN** Tuition Fees

Every membership registration is valid only for full seasonal subscription (2024/25). The mentioned prices are net and valid for individual persons receipts as members of our club. In case of a business invoice enquire, there is an additional charge of the VAT 24%.

### Renewals

- Seasonal Club Membership Fee
- Team Standard Activities
- Access to Club Digital Platform

€ 549.00 (Lump-Sum) Or three instalments € 180.00 till September 10<sup>th</sup>, 2024 € 180.00 till December 1<sup>st</sup>, 2024 € 240.00 till March 1<sup>st</sup>, 2025

### **New entries**

- Renewals Package plus
- Summer Training Kit
- Club's tracksuit
- Club's backpack

# € 669.00 (Lump-Sum)

Or three instalments € 120.00 with the registration € 180.00 till October 1<sup>st</sup> 2024 € 180.00 till January 1<sup>st</sup>, 2025 € 240.00 till April 1<sup>st</sup>, 2025

### **Premium**\*

- Personal development sessions
- Personal video analysis
- Physical ergo tests
- Professional mentoring
- GPS soccer tracking system
- Match analysis platform
- Official Athlete's Card

#### \*upon enquire

# Memberships Q & A



Answer: There are two options. The 1<sup>st</sup> one is lump-sum payment and the 2<sup>nd</sup> in instalments as mentioned of page 4.

#### Question: Can I pay the tuition with cash money?

Answer: You can pay cash only the 2<sup>nd</sup> option with the instalments as mentioned on page 4. In case of lump-sum payment only digital is accepted via debit/credit card or bank transfer.

#### Question: What is the process after the registration?

Answer: After your complete registration, you will receive a personalized email with the instructions to log in to club official digital platform.

#### Question: Is there any discounts or scholarships applied?

Answer: Our club offers 10% discount for siblings and also annually offers up to ten (10) full or partial scholarships. For both scenarios, the members must apply for via email.

#### Question: What happens if I have to leave the academy during the season?

Answer: Any completed payment is non refundable except critical situations upon request. Any future payment is cancelled and will be requested.



BOYNA

#### 1<sup>st</sup> Training Session Day

## Seasonal Calendar

#### 2024/25 Season

		Septe	mbe	r 2024	1					Octo	ber	2024						Novei	mbe	r 2024	4					Decei	nber	2024		
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### **Junior Teams Training Plan**



**BOYNA** 

Athletes born in <b>2020</b>	
Monday 16:30 – 17:20	
Wednesday 16:30 – 17:20	U5
Sunday 09:10 – 10:00	
Athletes born in <b>2018</b>	
Tuesday 16:30 – 17:20	
Thursday 16:30 – 17:20	17

2020

Friday 16:30 - 17:20

Athletes born in 2019 Monday 17:30 - 18:20 **U6** Wednesday 17:30 - 18:20 Sunday 10:10 - 11:00

Athletes born in 2017 Tuesday 17:30 - 18:30 Thursday 17:30 – 18:30

**U8** 

Friday 17:30 - 18:30

# Youth Teams Training Plan



BOYAA

Athletes born in <b>2016</b>	
Monday 17:30 – 18:30	
Wednesday 17:30 – 18:30	U
Friday 17:30 - 18:30	
Athletes born in <b>2013 &amp; 2014</b>	

Athletes born in 2013 & 2014	
Monday 18:40 – 19:50	
Tuesday 18:40 – 19:50	U12
Wednesday 18:40 – 19:50	U L 4
Thursday 18:40 – 19:50	

Athletes born in <b>2015</b>	
Monday 17:30 – 18:30	
Tuesday 17:30 – 18:30	U10
Thursday 17:30 – 18:30	

Athletes born in 2011 & 2012	
Monday 20:00 – 21:00	
Tuesday 20:00 – 21:00	111/
Wednesday 20:00 – 21:00	$O_{1}$
Thursday 20:00 – 21:00	

## **Intensive Teams Training Plan**



BOYAA

Athletes born in 2014 & 20	15 (by invitation)
Monday 18:40 – 19:50	
Tuesday 18:40 – 19:50	1111
Thursday 18:40 – 19:50	U11
Friday 18:40 – 19:50	

Athletes born in 2012 & 2013 (by invitation)

Monday 18:40 - 19:50 Tuesday 18:40 - 19:50

Wednesday 18:40 – 19:50

Friday 18:40 – 19:50

U13

 Athletes born in 2009 & 2010 (by invitation)

 Monday 20:00 - 21:00

 Tuesday 20:00 - 21:00

 Wednesday 20:00 - 21:00

 Friday 20:00 - 21:00



# **Apparel Instructions**

- 1. All members (athletes and parents) of our club, can exclusively purchase all products, directly from our club either with a visit at the front desk or via email at olyschoolvoula@gmail.com. The lead time for non in stock products is 4-5 weeks.
- 2. It is mandatory for all athletes to attend training and games wearing the same clothes/kits, as decided by the club. Training clothes are changed every 4th year. The next change of training collection will be in the 2026-2027 season.
- **3**. The official kit of Olympiacos FC changes every year and is used exclusively in the games of the Teams from U7 up to U12. With mandatory prepayment procuring the cost of this kit is not included in the registration/tuition packages.
- 4. For the official games of the Teams that takes part in E.P.S.A.N.A. (Local Football Federation) leagues and tournaments, the club will provide the official appearance of the club to the athletes. Each athletes has the option to either purchase it or return to the club after the game.
- 5. All clothes must be washed either by hand or in the washing machine at up to 30 degrees Celsius. The use of a dryer and ironing is strictly prohibited, as there is a high probability of complete destruction of the garment or the prints.
- 6. All socks before they are used have to be carefully unpacked with a small scissors and never pull up.
- 7. Apparel returns are not possible. Switches or exchanges within other members/athletes of our club if preferred in such occasions.



# **Olympiacos FC Official Kit\*\***





\* PRICE INCUDES THE NAME AND NUMBER ON THE BACK OF THE JERESEY. THE COACH OF THE TEAM HAS TO APPROVE IT. \*\* THE KIT FINAL DESIGN IS ALWAYS SUBJECT TO OLYMPIACOS POLICY AND WE FOLLOW THE GUIDELINES.

# Full Training Set (summer & winter)



# **Extra Apparel Options**



## Capelli Sport - Sizing Instructions

ΠΑΝΩ ΜΕΡΗ: Εάν οι μετρήσεις του στήθους και της μέσης σας έχουν ως αποτέλεσμα διαφορετικά προτεινόμενα μεγέθη, προτείνουμε το μέγεθος που ταιριάζει με το στήθος σας.

ΚΑΤΩ ΜΕΡΗ: Εάν οι μετρήσεις του ισχίου και της μέσης σας έχουν ως αποτέλεσμα διαφορετικά προτεινόμενα μεγέθη, προτείνουμε το μέγεθος που ταιριάζει με το μέγεθος του ισχίου σας.

### **ΣΤΗΘΟΣ.** Μετρήστε γύρω από το ευρύτερο μέρος του στήθους σας

ΜΕΣΗ. Μετρήστε γύρω από τη φυσική μέση, το πιο στενό μέρος ΜΕΣΗ. Μετρήστε γύρω από τη φυσική σας μέση, το πιο στενό μέρος

ΙΣΧΙΟ. Σταθείτε με τα πόδια σας ενωμένα και μετρήστε γύρω από το πιο φαρδύ μέρος των γοφών σας

ΚΑΒΑΛΟΣ. Μετρήστε από την εσωτερική υψηλότερη ραφή μέχρι τον αστράγαλο

> **XXXXL** 143 - 157 133 - 147

135 - 155



Μεγέθη Ενηλίκων (adults)						
ΜΕΓΕΘΟΣ	SMALL	MEDIUM	LARGE	EXTRA LARGE	XXL	XXXL
Στήθος	88 - 91	92 - 99	100 - 108	109 - 118	119 - 129	130 - 142
Μέση	75 - 80	81 - 87	88 - 97	98 - 107	108 - 119	120 - 132
Ισχίο	86 - 91	92 - 99	100 - 106	107 - 116	117 - 124	125 - 134

#### Παιδικά Μεγέθη (youth)

ΜΕΓΕΘΟΣ	XXSY (116)	XSY (128)	SY (140)	MY (152)	LY (164)	
Καβάλος	52 - 56	60 - 62	64 - 68	71 - 73	76 - 79	
Στήθος	52 - 57	63 - 67	71 - 75	77 - 82	84 - 86	
Μέση	56 - 57	59 - 61	63 - 66	68 - 71	72 - 74	
Ισχίο	63 - 66	68 - 71	75 - 77	79 - 83	84 - 86	
Ύψος	112 - 122	123 - 134	135 - 146	147 - 158	159 - 170	